

Breakfast

Pastries and Bagels

A rotating assortment of Breakfast Pastries, Muffins and Bagels with Cream Cheese.

Carlton's Continental

Fresh Brewed Coffee, Assorted Juices, Bagels, Muffins, Pastries and Fruit Potpourri (A Creative Display of Hand Cut Seasonal Fruits and Berries, Cream Cheese and Jellies)

ACTION STATIONS

Belgian Waffle Station

Fresh homemade Belgian waffles served with fresh strawberries and blueberries, chocolate, flavored syrups, and whipped cream.

French Omelet Station

A light and fluffy omelet prepared right in front of you by one of our skilled chefs. Filling choices include mushrooms, red onions, pepper medley, salsa, bacon, ham, sausage or cheese.

Creamy Stone Ground Grits Emporium

Creamy melt in your mouth home slow cooked grits (not instant) full of flavor, topped with cheddar cheese, tomato gravy, collard green pesto, crumbled bacon and crumbled sausage.

MEAT AND SANDWICH SELECTIONS

Sausage Patties

Savory Pork Sausage Patties, 2 oz.

Country Pork Sausage Patties
Savory Sausage Patties, 2.5 oz.

Savory Sausage Links
Savory seasoned pork sausage links

Bacon Hickory Smoke
Hickory Smoked Bacon Slices

Rosemary Smoked Hickory Bacon
Smoked Hickory Bacon, rendered in Rosemary Olive Oil

Bacon with Brown Sugar and Cardamom
Thick sliced lean bacon seasoned with brown sugar and cardamom and baked to a crispy finish

Bacon Wrapped Asparagus

Apple & Pork Sausage Patties
Pork Sausage Patties made with Granny Smith Apple

Adding grated apple to bulk pork sausage yields tangy, flavorful breakfast patties. Easy to make, they are a nice alternative to ready-made sausages and are an interesting addition to a breakfast buffet.

This is a great recipe for children to help prepare. They can grate the apple and stir the sausage ingredients together, then shape the mixture into patties.

Apple & Turkey Sausage Patties
Turkey Sausage Patties made with Granny Smith Apple

Chicken Sausage Patties
Savory Chicken Sausage Patties, 2 oz.

Turkey Sausage
Savory Sausage Patties

Defrickenlicious Sausage

Our homemade sausage patties made with turkey, chicken, sage, brown sugar and peppers. Uhmhm uhmhm good!

Salmon Croquettes

Truly a Southern Staple, we use fresh salmon and herbs to create a sin-full cake, (two patties per person).

Smoked Salmon

Thinly sliced smoked salmon garnished with capers and fresh dill weed

Bagels and Lox Platter

Smoked Salmon and Assorted Bagels; presented with Sliced Tomato, Onion, Cucumber, Capers and Cream Cheese

Breakfast Burrito

Our breakfast burritos is a meal to go, stuffed with scrambled eggs (lightened with egg whites), feta cheese , turkey bacon, and spinach

Croissant, Egg, Sausage and Cheese Sandwich

Bacon, Egg and Cheese Biscuits

Golden biscuits topped with scrambled eggs, bacon and cheddar cheese

Sausage, Egg and Cheese Biscuits

Juicy sausage, eggs and cheese atop a golden flakey biscuit

Ham Biscuit

Smoked Ham on a fluffy biscuit

Sausage Biscuit

Juicy sausage pattie on a fluffy biscuit

QUICHE, EGGS AND CASSEROLES

Scrambled Eggs
Fluffy Soft Scrambled eggs

Egg White and Zucchini Muffins

This creative breakfast muffin is made with egg whites, zucchini, scallions, red peppers, carrots and fresh herbs

Bacon, Sausage, Cheese & Egg Muffins

A delicious savory muffin filled with bacon, sausage, onions, cheese and eggs. Uhhh uhhh good.

Quiche Lorraine

A traditional savory tart of eggs, bacon and cheese

Omelet Muffins

Need breakfast on the go....try these delicious Omelet Muffins filled with

Crust-less Quiche

A warm cheesy ham quiche without the crust

Assorted Mini Quiche

Green Onion Cheddar Scramble

Eggs scrambled light and fluffy, full of cheddar cheese and green onions

Breakfast Casserole

This is a delicious meat and potatoes side dish for those who need more than just a cup of yogurt to get going in the morning. French fried onions give a nice flavorful crunch on the top of the casserole

Breakfast Strata with Country Sausage

A breakfast casserole layered and bound with custard, almost like a savory bread pudding

Breakfast Strata with Bacon, Sausage, Cheddar, Mushroom and Tomato

A breakfast casserole layered and bound with custard, almost like a savory bread pudding

Breakfast Strata with Spinach, Zucchini, Onions and Cheddar
A breakfast casserole layered and bound with custard, almost like a savory bread pudding

Green Eggs & Ham Frittata
An italian dish resembling an omelette made with kale, scallions, ham and asiago parmesan cheese

Tomato Asiago Frittata
An italian dish resembling an omelette made with asiago parmesan cheese and grape tomatoes

Roasted Vegetable Frittata
An italian dish resembling an omelette made with zuchinni, peppers, and green onions

Frittata, Ham Onion and Cheese
Our baked Egg Frittata with Country Ham, Roasted Onions, Parsley and Parmesan Cheese

Turkey Sausage Breakfast Casserole
A delicious all inclusive breakfast casserole with turkey sausage, hash brown potatoes, green onions and cheddar cheese.

Bacon and Egg Bake
A delicious option for a breakfast/brunch made with eggs, cheddar, swiss, green onions, tomatoes, green peppers and bacon

Bacon Deviled Eggs

Shrimp Hash
Our creative version of hash made with fresh shrimp, potatoes and onions

SIDE SELECTIONS

Baked Eggs in Ham Cups

Ham slices lined in muffin tins to create an edible container for the eggs and adds flavor as well

Bacon, Egg and Toast Cups

A unique breakfast option perfect for brunch or breakfast on the go.

Cheesy Cheddar Grits

Creamy Stone Ground Southern Grits with Sharp Cheddar Cheese

Smoked Gouda Grits

Smoked Gouda adds a whole new element to these delicious Grits

Southern Style Grits

Creamy Stone Ground Southern Grits

Home-made Pan Fried Hash Browns

Home-made Pan Fried Hash Browns cooked to a charred finish with onions and green peppers

Spicy Home Fries

A south of the border inspired take on home fries.

Breakfast Potatoes

Oven Roasted Southern Style Diced Potatoes

Fried Caramelized Red Delicious Apples

Pan Fried Red Delicious Apples caramelized with Cinnamon

FRUIT SELECTIONS

Berry and Yogurt Phyllo Nests

Phyllo Nests topped with vanilla yogurt and topped with fresh fruit

Sweet Berry Bruschetta

Toasted French Bread topped with a sweet cream cheese base and topped with Fresh berries and almonds, then sprinkled with Confectioners sugar

Fruit Potpourri

A unique presentation of mixed fresh delectable fruit such as grapes, pineapple, oranges, melon and berries served with a yogurt dip.

Fruit cups in Waffle Cones

Fresh seasonal fruit served in crunchy waffle cones for a creative display

Bananas, Oranges, Apple

Cranberry-Almond Granola

This delicious house made granola features cranberries, almonds and cocunut

Granola-Peach Parfait

This delicious parfait is created with our house made Cranberry-Almond Granola and topped with vanilla yogurt and fresh peaches

Cranberry Almond Granola Parfait

Whole grain Oats, Vanilla Yogurt and Berries

Granola with Peach and Blueberry Yogurt

Low Fat Granola drizzled with Honey and served with Peach or Blueberry Yogurt

Assorted Greek Yogurts w/ Cranberry Almond Granola

Cranberry Almond Granola Parfait

Our house made cranberry almond granola with whole grain oats, vanilla yogurt and berries

Yogurt Assorted Fruit
Creamy Low Fat Yogurt with bite sizes of peach, strawberry or blueberry

Pear Waldorf Salad
A contemporary version of the traditional waldorf salad made with apples, walnuts and raisins, our version is made with in seasoned pears, diced fennel, raisins, walnuts and fresh mint leaves.

Strawberries and Blueberries in Syrup
Fresh Strawberries and Blueberries in their natural juices makes for a simple yet delicious fruit side dish

Broiled Grapefruit topped with Berries
Grapefruit halves boiled with honey and cinnamon and topped with berries

Pita with Peanut Butter and bananas
Pita bread topped with natural peanut butter then filled with sliced bananas

Caramel Pecan Apple Slices
A warm bowl of brown sugar apples topped with pecans

Spiced Mixed Fruit
A mixture of dried fruit, fruit cocktail, raisin and berries, cooked and drizzled with a spicy sauce

Coconut Tropical Fruit Salad
Mango, apples, pears, grapes, kiwi, topped with toasted coconut

Cream Topped Grapes
Crunchy grapes topped with a sweet cream cheese topping

Spiced Pears
Pears spiced with brown sugar, cinnamon and nutmeg

Fruit Kabobs
Fresh fruit kabobs topped with and orange juice glaze

Mandarin Orange Salad
A delicious fruit salad of mandarin oranges, cherries and bananas

Steel Cut Oatmeal with Maple Syrup, Cran-Raisins and Nuts

Cereal
Kashi (GoLean Crunch) Cereal and low fat milk

Sliced Vine Ripe Tomatoes

WAFFLE, PANCAKE, MUFFINS AND PASTRIES

French Toast with Maple Syrup
Challah bread French Toast grilled and topped with confection sugar

Baked Cinnamon-Apple French Toast
A delicious French Toast Casserole topped with juicy apples and baked with cinnamon, brown sugar and nutmeg, then served with honey butter.

French Toast Casserole Served with Maple Syrup
A mouthful of melted butter, brown sugar, vanilla, cinnamon, ginger and brioche topped with pecans.

Blueberry French Toast Casserole
French Toast Casserole studded with fresh blueberries and served with our house-made blueberry syrup

Waffles & Syrup
Belgian style waffles topped with real maple syrup

Pancake Mini Muffins with Sausage

Delicious mini pancake muffins loaded with sausage and perfect for a dip in our real maple syrup

Silver Dollar Hotcakes

Mini Pancakes served with maple syrup

Pancakes & Sryup

Hot Pancakes served with a warm maple syrup

Pancake Poppers

Fluffy pancakes in a bite-sized mini muffin form

Sour Cream Maple Bread

This bread boasts subtle flavors of butter and sour cream with light overtones of maple syrup

Doughnut Muffins

These baked muffins have all the nutmegy goodness and dunk-ability of a traditional doughnut, and sprinkled with cinnamon sugar

Chicken & Waffle Cupcake

Gladys doesn't have anything on this contemporary version of the infamous Chicken & Waffles. This creative Chicken & Waffle Cupcake with a Maple Syrup Frosting is our version of a southern delicacy that will be the talk of your party.

Dirt Bombs Muffins

Like a cinnamon sugar doughnut, but in muffin form...Yes, you've been warned!

Jelly Doughnut Muffins

Chocolate Cherry Muffins

Even with breakfast, you can't go wrong with chocolate and cherries

Green Tea Muffins

These rich delicious muffins are made with the Japanese Green Tea Powder, Matcha.

Oat Bran Muffins

Oat Bran muffins made with applesauce

Assorted Muffins

An assortment of gourmet muffins.

New York...New York

Smoked "Nova" Salmon with assorted Bagels
Sliced tomatoes, onions, cucumbers capers and cream cheese
Fruit Potpourri Display and Vanilla Honey Yogurt

Bagels

Blueberry, White or Plain served with cream cheese and jelly

Assorted Breakfast Bars

An assortment of Strawberry Bars, Oats & Honey Granola Bars, Fruit & Nut Chewy Trail-mix Bars, Sweet & Salty Mix Bars

English Muffins with Butter and Jellies
