

Salad

SALADS

Spinach & Strawberry Salad (Entree)

Fresh Baby Spinach, Red Onions, Sliced juicy Strawberries and Feta Cheese tossed with a Sweet & Sour Poppy Seed Dressing.

[Pesto Salmon Salad] (ENTREE)

Pesto baked salmon Filet served atop Mixed Field Greens, Asiago Parmesan Cheese and Italian Dressing

Grilled Shrimp Salad with Sweet Tea Vinaigrette (ENTREE)

This delicious summer salad made with grilled jumbo shrimp, pecans, grilled peaches and blue cheese, then topped with our home made Sweet Tea Vinaigrette.

[Carlton's Chicken, Pecan, Apple Salad] (ENTREE)

This flavorful Chicken Salad has Chopped Pecans, Granny Smith Apples, and Cran-Raisins.

Herb Grilled Vegetable Salad

Grilled Herb Marinated Vegetables served atop mixed Field Greens with Cherry Tomatoes and Italian Dressing

Kale Caesar Quinoa Salad with Grilled Chicken (ENTREE)

Kale, Romaine, Asiago Parmesan Cheese, Grilled Chicken Strips and Parmesan Caesar Dressing

[Balsamic Kale Salad with Dried Cranberries and Walnuts]

Flavorful salad of marinated Kale in a white balsamic vinegar and olive oil, then topped with fruity dried cranberries and walnuts.

Garden Salad

Traditional Garden Salad with cherry tomatoes, shredded carrots, red onions and mushrooms.

Mixed Green Salad with Raspberry Vinaigrette or Dressing

Mixed Green Salad Mix with Chopped Pecans, Cherry Tomatoes and choice of Raspberry Vinaigrette, Balsamic Vinaigrette and Ranch Dressing.

Creole Spinach Salad

A delicious cajun inspired salad made with spinach and a special blend of spices

Caesar Salad

Crisp Romaine with Fresh Shaved Asiago Parmesan Cheese, Croutons and Creamy Caesar Dressing.

Iceberg Wedges with Grilled Bacon and Croutons

Iceberg wedge with buttermilk, sour cream, herb dressing topped with grilled thick cut bacon crumble and croutons

Carlton's Cobb Salad with Avocado

Grilled Chicken Breast served on Romaine lettuce, with Tomatoes, Bacon Bits, Gorgonzola, hard Boiled Eggs, Fresh Avocado and Raspberry Vinaigrette on the side.

Iceberg Lettuce Wedges with Blue Cheese Dressing

A retro salad returns to popularity with this simple but delicious salad

Wilted Spinach Salad with Warm Bacon Vinegar Dressing

This delicious Spinach Salad is tossed with a warm Bacon and Apple Cider Vinaigrette with onions and garlic, make this a memorable salad

Spinach Salad

Fresh spinach topped with eggs, red onions croutons and parmesan cheese, then topped with a savory olive oil dressing.

Spinach, Strawberry & Gorgonzola Salad with Honey Balsamic Vinaigrette

Fresh Spinach, Strawberries, Gorgonzola, Walnuts, Bacon and Raspberry Vinaigrette

Spinach & Strawberry Salad

Fresh Baby Spinach, Red Onions, Sliced juicy Strawberries and Feta Cheese tossed with a Sweet & Sour Poppy Seed Dressing.

Winter Salad With Pears, Gorgonzola And Walnuts

Seasonal spring mix salad greens, with the crispness of pears, creamy Gorgonzola, and the sweet, smokey flavor from the walnuts makes this a crowd pleaser

Baby Spinach Salad with Roasted Strawberries

This refreshing summer salad is a great substitute for your basic salad. The roasted strawberries are heavenly.

Baby Greens with a Warm Gorgonzola Dressing

This baby green salad is tossed with a warm Gorgonzola dressing, bacon, and toasted almonds

Collard Greens Salad with Ginger and Spicy Seed Brittle

A creative Salad with julienne Collard Greens with fresh ginger, peppers, sunflower, sesame and pumpkin seeds and topped with a sweet vinaigrette

Arugula Salad with Pecans, Goat Cheese, Dried Cranberries

Arugula or mixed green salad topped with toasted pecans, goat cheese and dried cranberries, tossed in a Champagne or Red Wine Vinaigrette dressing

Caprese Salad

This classic salad will impress your most discerning guest. Fresh ripe tomatoes wedged with fresh mozzarella slices and basil leaves, then drizzled with a balsamic vinaigrette

Southern Corn Bread Salad

A creative, yet southern twist on salad prepared with crispy corn bread croutons, ripe tomatoes, romaine lettuce, vidalia onion, pickled okra and topped with a buttermilk lime dressing.

Greek Salad

Traditional Greek Salad with Roma tomatoes, cucumbers, red onions, green peppers, black olives and feta cheese dressed in a Red Wine Vinaigrette

Tomato Feta Lettuce Salad

A delicious Greek Inspired Salad with Feta Cheese, parsley, plum tomatoes, black olives and red onion

Grilled Shrimp Salad with Sweet Tea Vinaigrette

This delicious summer salad made with grilled jumbo shrimp, pecans, grilled peaches and blue cheese, then topped with our home made Sweet Tea Vinaigrette.

Chicken Caesar

Chicken Breast served with Romaine Lettuce, Parmesan Cheese, Fresh croutons, and a Creamy Caesar Dressing or Peanut Vinaigrette served on the side

[Carlton's Chicken, Pecan & Apple Salad]

This flavorful Chicken Salad has Chopped Pecans, Granny Smith Apples, and Cran-Raisins.

Chicken Salad with Wild Rice Pilaf

A great rendition of chicken salad with wild rice, green onions chopped chicken breasts and blanched toasted almonds.

[Chicken Caesar Salad with Peanut Vinaigrette]

This unique Peanut Vinaigrette takes this Chicken Caesar to another level.

[Chicken and Pesto Pasta Salad]

Pasta Salad with a home made Pesto Sauce and pan grilled Chicken.

Chicken & Blueberry Pasta Salad

Don't knock it till you try it...blueberries, pasta chicken and feta cheese makes this dish a light and quite satisfying summer meal

Hoppin' John Salad with Molasses Dressing

Here's a fresh take on the southern dish traditionally made with salt pork (we've subbed in andouille sausage) and served over rice.

Fresh Corn Salad

Sweet summer salad made with fresh corn, red onions, red bell peppers and parsley.

Calico Corn & Bean Salad

To call this southern may be a small stretch, but great accompaniment to many dishes none the less.
It's kind of a New England succotash salad with southwestern overtones.

Crunchy Corn Salad

A flavorful salad made with roasted corn, black beans, string beans, water chestnuts, peppers and fresh herbs.

Sweet Corn and Black Bean Salad

This simple yet colorful salad is packed full of flavor combining sweet corn, black beans, red peppers and zesty cilantro in a zesty rice vinegar dressing. Perfect for any summer side.

South Georgia Caviar (Black Eyed Pea Salad)

The folks in Arkansas lay as much claim to this creation of black-eyed pea "caviar", as Louisianans, Mississippians, and Texans,
but this South Georgian version in my opinion, tops them all.

Bean and Fennel Salad

Fresh Fennel lends a celery like crunch and licorice flavor to this salad.

Broccoli & Cauliflower Salad

Fresh salad with broccoli, cauliflower, red onions, carrots, bacon and vinaigrette

Broccoli Salad with Spicy Citrus Vinaigrette

This broccoli salad is packed with a double spicy punch due to crushed red pepper flakes and sriracha sauce.
If you can't handle the heat, get out of the kitchen

Toasted Pecan and Broccoli Salad

A sweet and tangy salad option packed with flavor

[Wild Rice, Cranberry and Walnut Salad]

A refreshing rice salad made with wild rice, dried cranberries, celery, chopped walnuts and red wine vinegar

Quinoa Salad with Roasted Corn, Black Beans and Shredded Chicken.

This Healthy Quinoa Salad (pronounced KEEN-wa) Recipe Uses Southwest Staples Like Corn and Black Beans to make a high protein, high energy healthy and delicious side dish.

Kale Caesar Chicken & Quinoa Salad

Kale, Romaine, Asiago Parmesan Cheese, Grilled Chicken Strips and Parmesan Caesar Dressing

[Kale and Quinoa Salad]

What a combination with kale and quinoa, this delicious salad made with Quinoa, Kale, Pecans, Cran-Raisins and Crumbled Feta Cheese make an absolutely a stand out salad

Balsamic Quinoa Salad

A healthy and tasty grain salad prepared with balsamic vinegar and sun dried tomatoes.

Garlic and Parsley Quinoa

A healthy grain salad prepared with olive oil, chili and parsley

Quinoa Cool Summer Salad

A zesty summer quinoa salad with cucumber, apples, and vibrant peppers. Healthy and delicious

Antipasto Pasta Salad

A tasty pasta salad accented with balsamic vinegar and oil mixture of oregano, parsley and parmesan cheese makes this a hearty salad with robust ingredients of salami, Pepporini, Asiago Cheese and Tomatoes

Vegetable Penne Pasta Salad

Tri-colored Pasta Noodles with a mixture of vegetables and Italian seasonings.

Bacon and Egg Cheese Tortellini Salad

A delicious salad for a brunch or even breakfast made with thick cut bacon, boiled eggs, chopped chives and cheese tortellini tossed with a light parmesan italian dressing

Italian Pasta Salad

Pasta salad with a zesty italian dressing and olives

Arugula Pasta Salad

A healthy whole wheat Arugula Pasta Salad prepared with Whole Wheat Pasta, with cherry tomatoes, capers and our fresh made dressing.

Spinach & Pasta Salad

This is a very complimentary pairing of ruffle pasta, fresh spinach and mozzarella cheese.

Broccoli & Cheddar Pasta Salad

Pasta Salad with Broccoli, Cheddar cheese and Red Onion to make a tasty side

Ditalini Pasta Salad

A delicious light pasta salad with garbanzo beans, kidney beans, great northern beans, celery, plum tomato, parsley, artichoke hearts, red onion and black olives.

Tomato and Asparagus Carbonara

A delicious vegetarian pasta of Penne, Cherry Tomatoes and Romano Cheese

Roasted New Potato Salad

A crispy approach to the traditional potato salad yet still packed with flavor.

Bacon & Horseradish Potato Salad

"Tater" salad made with bacon, horseradish, Red Potatoes, Sour Cream, Boiled Eggs and Scallions
But this version is a nice alternative to your basic Potato Salad.

Potato Salad

Southern Style Potato Salad the Old Fashion way with eggs, celery and relish. A creamy rich delicious southern staple.

Sweet Potato Salad

Here's a healthy alternative to traditional potato salad. Prepared with Sweet potatoes, apples and Apple Cider Vinegar. Try serving at your next backyard picnic

Roasted Sweet Potato and Black Bean Salad

This is a great and healthy alternative from white potato salad and much more nutritious too.

Apple & Golden Raisin Cole Slaw

Our Cole Slaw has an added twist with Granny Smith Apples, Chopped Pecans and Golden Raisins.

Cole Slaw

Chiffonade cut red and green cabbage and julienne cut carrots marinated in a light tangy sauce.

Southern Macaroni Style Pasta Salad

Elbow Macaroni Salad with Pickle Relish

Jalapeno-Lime Watermelon Salad

This is an awesome summer salad spiced up with jalapeno chile, lime juice and sweet basil.

Watermelon Salad with Feta and Mint

A tasty summer salad with watermelon, feta cheese, sweet onions and mint leaves

Grilled Watermelon Salad

A delicious Summer Salad that is great for your back yard barbecue or to complement your summer meal

Summer Tomato Salad

A great summer salad with ripe juicy tomatoes, crunchy green bell pepper, sweet Vidalia onion combined with a tangy marinade.

Firecracker coleslaw

This slaw has a bang to it, but lawd is it delicious, seasoned with jalapeno chiles and hot sauce, but accented with dried cranberries, granny smith apples, pears and raisins to calm down the heat.

Pesto Salmon Salad

Pesto baked salmon Filet served atop Mixed Field Greens, Asiago Parmesan Cheese and Italian Dressing

Moroccan Carrot Salad

This tangy spiced carrot salad is an exotic and delicious side dish.

Fruit Potpourri Salad

Assorted Fresh Fruits

Fresh Cranberry-Apple Sauce

Home Made Fresh Cranberry and Apple sauce made with juicy cranberries and granny smith apples, makes a delicious accompaniment to your holiday dinner

Parmesan Baskets/Tuiles

Freshly Shredded Parmesan cheese in the shape of a basket for salads, or other interesting shapes as accents in salads and more.

SELECT ONE OF THE FOLLOWING SALAD COURSES:

Full Salad = 3 scoops of lettuce and toppings
